



Student
Breakthrough

BUILD YOUR BREAKTHROUGH

BOOST YOUR CONFIDENCE, REVOLUTIONISE YOUR
MOTIVATION AND CREATE NEW SUCCESS

WWW.STUDENTBREAKTHROUGH.COM

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STUDENT BREAKTHROUGH



We revolutionise emotional support

We transform the lives of students



We create lasting change



We are dynamic and daring

INTRODUCTION

Hello and welcome to Build Your Breakthrough! A course designed to boost your confidence, revolutionise your motivation and create new success.

I'm Sam Moinet, former teacher and founder of Student Breakthrough. By analysing the problems young people are facing; from struggling with anxiety, low motivation and under performance to name but a few, I found that in schools there was not enough time or the correct support available to help students reach their full potential as individuals.

But, here's the solution: by coaching students 1-1, they stopped comparing themselves to others and focussed on their own natural strengths and abilities. The results have been incredible.

Our approach at Student Breakthrough is super positive as we empower students to take action on their personal goals. As a direct result, things like confidence, grades and relationships all improve as students discover so much about themselves, achieve new things and personally grow on many levels.

How to get the most from the course?

1. Give 100% of your energy, effort and commitment in each session.
2. Take action each week to achieve your Breakthrough Goal.
3. Be honest when completing the exercises and have fun.

How it works?

Build Your Breakthrough is a six session online course split into six main topics. Within each session, there are a combination of short videos and practical exercises to help you achieve your goals. You will only need to commit to between 15 – 30 minutes for each session. So, what is stopping you?

To get the most from the course, follow these four steps in each session...

1. Watch the video →
2. Complete the exercise →
3. Breakthrough Challenge →
4. Complete action step

Welcome to Build Your Breakthrough,

Sam Moinet

Founder of Student Breakthrough

